

The Low-Fat Way To Health & Longer Life By Lester Morrison

By Lester Morrison

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http://articles.latimes.com/1991-05-28/news/mn-2586_1_lester-morrison

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health - Heart Disease: Civilization's No. 1 in the 1930s Dr Morrison was The book was called The Low-Fat Way to Health and Longer Life

<http://www.scripgroup.com/limba/engleza/100/Heart-Disease-Civilizations-No22515.php>

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<http://anthonycolpo.com/the-china-study-more-vegan-nonsense/>

has recently developed a cardiovascular nutritional supplement called "Beyond Chelation an extremely low-fat Lester Morrison of La Loma

<http://gordonresearch.com/inner.cfm?itemCategory=46850&priorId=46690&pid=46676>

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he created a low-fat diet that was high in unrefined carbohydrates like The Pritikin Promise: 28 Days to a Longer, American health and wellness writers;

http://en.wikipedia.org/wiki/Nathan_Pritikin

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<http://www.hsph.harvard.edu/nutritionsource/low-fat/>

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<http://www.theguardian.com/society/2005/jul/23/health.columnists>

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<http://www.health.thesfile.com/general-population/the-power-of-nutrition/nutrition-may-instigate-accelerate-or-reverse-disease/broken-hearts/the-research/>

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<http://www.marksdailyapple.com/high-fat-diet-healthy-safe/>

found: His The low-fat way to health and longer life, 1958. 2011 (Lester Morrison; Lester M. Morrison; b. in London, immigrated to Canada; d. 1991, at age 83)

<http://id.loc.gov/authorities/names/n82081028>

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<http://www.cbsnews.com/news/low-carb-versus-low-fat-best-diet-for-weight-loss-heart-health/>

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